

# October/November Update & Events



Dear Haringey Over 50s Forum Members and Supporters,

## Transport issues

Following our successful public meeting on transport issues we took our concerns about transport to Hornsey and Wood Green MP Catherine West. She told us that she had raised delays and discrimination towards individuals with mobility issues on buses with TfL and they would look into it. But they said their operating practice did not countenance any discrimination of this kind. We will keep up the pressure on TfL to ensure that the needs of passengers with mobility issues remains a priority.

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## Morrisons 'Monthly Chatter'

The refurbishment of the Morrisons café on Wood Green High Road is still ongoing but we hope to re-start our 'Monthly Chatter' in November. These get-together in Wood Green over a morning cuppa provide a great opportunity to raise and discuss issues of concern to local older people. We'll be feeding back what happened after the last meeting when your committee took up some concerns with the Council and the NHS. We will keep you posted about the next session and in the meantime if you have any suggestions about what you would like to discuss at these sessions do please contact James on: 0208 341 2238

## Café Connect: Coffee and maybe gardening....

We met on a sadly very wet day in August at this lovely community run cafe in **Down Lanes Park, between Ashley Road and Park View Road N17**. Despite the weather we had a good talk about gardening and several other things, and saw the potential of this beautiful space with its garden, conservatory, and café/meeting room. We ended up staying longer than expected and had a delicious lunch of Turkish-style stews, rice and salad for £5. (Your treasurer adds; I took mine home in a box because I wasn't hungry and the large portion lasted me two suppers!). We'll meet there again on **Thursday, October 11<sup>th</sup> 11.30 to 1pm**. There will be an opportunity to do a bit of weeding or planting out in the garden for those who wish, and we could bring plants and seeds to offer the café or to each other - all optional. **All welcome.**

### **Cinema Club – No October Film !**

Unfortunately ***there will be no film in October.***

We are very sorry about this but having experienced some technical issues with the last two film screenings we want to get the issues resolved before recommencing in November. We know that the Cinema Club is an important event for members so please bear with us and we hope to have our next film at the usual time on 2<sup>nd</sup> November.



# October/November Events & Diary Dates

## Monday, October 1<sup>st</sup> – HO50s Committee Meeting

**Time: 2.00pm to 4.00pm**

**Venue: Chestnuts Community Centre, 280 St Ann's Rd, West Green, London, N15 5BN**  
Please drop in. We're always looking for new people to join the committee.

## Tuesday October 9 - 'People's Day'

**Time: 1.00pm to 4.00pm**

**Venue: Tottenham Green Leisure Centre, Philip Lane N15**

Organised by Tottenham Pensioners Action Group, the event will be an opportunity to hear about different groups that are active in the borough. There will be speakers on a number of subjects and refreshment will be provided by one of the groups.

**HO50s would like to staff a stall on the day so please contact Joyce on 020 3196 1901 if you would like to come along and help.**

## Tuesday, October 9 - Hornsey Pensioners Action Group

**Time: 1.30pm to 3.30pm**

**Venue: Hornsey Parish Church Hall, Cranley Gardens, N10 3AH**

Entrance on Cranley Gardens through car park.

(Group meets every second Tuesday of the month) Speakers: TBA

Doors open from 1pm. Buses W7, W3, 144

## Thursday, October 11<sup>th</sup> 11.30 to 1.00pm

### **Café Connect, Down Lane Park. Coffee and maybe gardening..**

Coffee, tea, talk, gardening (optional) and you may be tempted to stay on for a good lunch. There will be an opportunity to do a bit of weeding or planting out in the garden for those who wish, and we could bring plants and seeds to offer the café or to each other - all optional.

## Monday, October 22<sup>nd</sup>; 'Positive Ageing in London' conference

**Time: 10.30am - 16.00pm**

**Venue: Emma Cons Hall, Morley College, 61 Westminster Bridge Road, SE1 7HT** (near Lambeth North tube)

This free conference will focus on wellbeing in later life – staying happy and healthy amid concerns about health and social care provision. The programme reflects the most vital factors that are known to contribute to wellbeing for older people – such as social participation, maintaining thinking skills, and physical activity.

Another important aspect of the day will be to agree recommendations for wellbeing that include critiques of current health and social care.

Sessions will cover understanding your risk of dementia, the role of social media for older people, and discussions about how to improve wellbeing for older Londoners, amongst other topics.

If you are getting this newsletter by e-mail, click below to book online:

[CLICK TO RSVP](#)

If you're reading this on paper, contact James for further details on: 0208 341 2238

## **Thursday October 25, Jackson's Lane social lunch**

**Time: 11.45am to 2pm**

**Venue: Jackson's Lane Community Centre, 269a Archway Road, London N6 5AA**

Entertainment programme features West End singers Nigel Roche, Nicola Kimber and scenes from the Bolder Drama Group. Everything will have a Halloween theme.

Cost is £5 per person. Vegetarian option available. Anyone with other dietary requirements please do get in touch with the venue to discuss. Booking desirable; contact [stuart@jacksonslane.org.uk](mailto:stuart@jacksonslane.org.uk) or phone 020 8347 2411. Wheelchair spaces must be booked in advance and discussed with Stuart over the phone. Due to space the venue can only accommodate 3 wheelchair spaces.

# **News & Views from the Forum**

## **Haringey Fairness Commission**

Haringey Council have just established the Haringey Fairness Commission to develop practical recommendations on how the council - working with others - can tackle inequality and promote fairness in the borough. They say 'We will engage with others, the voluntary sector, businesses, experts but most especially our residents, to have frank but constructive conversations in order to build a shared vision for a fairer borough.'

During October the Commission will receive letters and e-mails from individuals and organisations who want to say something about problems they think should be tackled – these might be about social care, housing, transport, jobs and benefits, local facilities, crime or policing – anything that has to do with inequality or unfairness in any aspect of life and services that the Council can influence.

Later in the year, there will be lots of discussions, meetings and events. Haringey is amongst many other councils that have tried having a Fairness Commission and they have been shown to be very effective elsewhere (for example in Islington) in showing up local problems and working out ways to improve things.

So do write to the Commission with any issues you want to raise, and if possible send us a copy. You can contact the Fairness Commission on the Haringey Council web site.

There you will find a little questionnaire which asks:

- *What does Fairness mean to you?*
- *What topics/issues should the Fairness Commission look at and why?*
- *Do you have a story about unfairness in your life, particularly in relation to public services?*

- *Tell us what impact this has had on your life and/or what helped you to overcome this.*

If you want to tell them something but don't want to do it online you could write a letter to Cllr. Zena Brabazon at Haringey Civic Centre, High Road, Wood Green, N22 8LE.

Your committee will be keeping closely in touch with this initiative. When the series of public events begins, we'll tell you about what the Fairness Commission is doing, pass on whatever problems we hear about, and make sure we get the voices of older people heard.

## **Your views wanted on the health service**

Bridge Renewal Trust has been collecting views on users' experiences of the Health Service from local people, to tell the Clinical Commissioning Group. Haringey CCG is responsible for planning and buying healthcare services for Haringey residents. On Thursday, 11 October, there will be a public meeting about this at Tottenham Green Leisure Centre. There will be an option of two meeting times 2 - 4pm or 6 - 8pm. For further information and booking details, contact [noorie@bridgerenewaltrust.org.uk](mailto:noorie@bridgerenewaltrust.org.uk) , tel. 0208 442 7640.

## **Council services on social care**

You may know that the Council's services are subject to the oversight and 'scrutiny' of the Overview and Scrutiny Committee.

Some of us went to the 'Scrutiny Café' last week, a meeting at which the Overview and Scrutiny Committee was sounding out the public about what topics and services it should address over the next few months. Quite a lot of problems were raised about services that affect older people – care delivery, assessment for social care requirements, and also about sheltered housing. We hope they will take these up. Watch this space!

The Overview and Scrutiny Committee receives reports from the Adults and Health Scrutiny Panel of councillors, which in turn consults with the Joint Partnership Board, a group of representatives of service users, health service people and council officers which meets every couple of months. The Joint Partnership Board has several 'reference groups' including one for carers, one on physical disability, one on mental health and the Older People's Reference Group. This is one of the main ways it hears the views of concerned sections of the public, including older people.

## **More people wanted for the Older People's Reference Group**

Gordon Peters, chair of the Over 50s Forum, is also chair of the Older People's Reference Group. The group would like to have more members to strengthen its voice and its capacity to keep watch on the way the council is delivering its care and sheltered housing services. If you would like to get involved, please contact Val Chinaglia at Public Voice, which provides secretarial support to the OPRG, on 0203 196 1900, and she will pass the message on.

## **Your subscription**

You may have paid recently. But if not, we'd love you to pay your annual subscription of a mere £5, so that we can keep up with these newsletters and hire rooms for our meetings. If you like you can now join for LIFE for £25.

Please contact James for a standing order form telephone: 0208 341 2238. Or bank transfers to Haringey Over 50s Forum, Coop Bank, sort code 08 92 99, account 65525931. Thanks!